Daily Devotion

Your Fruit

tells the truth



Monday, 9 - Sunday, 15 June 2025

June 2025

Week	Mon	Tue	Wed	Thu	Fri	Sat	Sun
22							1
23	2	3	4	5	6	7	8
24	9	10	11	12	13	14	15
25	16	17	18	19	20	21	22
26	23	24	25	26	27	28	29
	30						





Make a tree good and its fruit will be good, or make a tree bad and its fruit will be bad; for a tree is known by its fruit. Matthew 12:33 (BSB)

It's a simple image with profound implications. No matter how tall the tree grows or how lush its leaves appear, the fruit it bears ultimately reveals its nature. In the same way, our lives inevitably reflect what's happening deep in our hearts—whether we're rooted in truth, nourished by grace, and connected to the life of Christ.

This devotional invites you to slow down and take a closer look—not just at what's visible on the surface of your life, but at what's growing beneath. Are you bearing the fruit of the Spirit: love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control? Or are there other things taking root—resentment, fear, pride, or bitterness—that are producing fruit of a different kind?

Your Fruit Tells the Truth isn't about striving harder to be good or pretending to have it all together. It's about allowing God to examine your heart and tend to the soil of your soul. It's about asking honest questions: What am I feeding on? What am I rooted in? What do my words, reactions, and choices reveal about the condition of my heart?

Each day, you'll be invited to reflect on Scripture, pray deeply, and respond intentionally. This is an opportunity to become more aware of the quiet work of God within you and to partner with Him in cultivating a life that is not only fruitful—but faithful.

Spiritual fruit is not performance; it's evidence of presence—God's presence in us, growing something real and lasting. And while we may not always see it right away, over time, the truth becomes clear.

Because in the end, your fruit really does tell the truth.

Adewale Adefuye Ipswich Pentecost Sunday, 08 June 2025



Learn to Ask Questions

Isidor Isaac Rabi won the Nobel Prize in Physics in 1944 for his discovery of <u>nuclear magnetic resonance</u>, which is used in <u>magnetic resonance</u> imaging. He was also one of the first scientists in the United States to work on the <u>cavity magnetron</u>, which is used in microwave radar and microwave ovens.¹

He was once asked why he became a scientist. He replied: "My mother made me a scientist without ever knowing it. Every other child would come back from school and be asked, 'What did you learn today?' But my mother used to say, 'Izzy, did you ask a good question today?' That made the difference. Asking good questions made me into a scientist." ²

We are responsible for our own learning and growing, and that means we can't afford to be passive. Learning works best when we stay curious, ask questions, and take an active role in understanding God's word. Questioning shouldn't stop when lessons end — it's something we carry with us throughout life. By thinking and staying open-minded, we give ourselves the best chance to grow, improve, and make sense.

¹ Isidor Isaac Rabi - Wikiquote

² Did You Ask A Good Question Today? | Aish

You Can't Fake Good Fruit



Matthew 12:33-35

³³ Make a tree good and its fruit will be good, or make a tree bad and its fruit will be bad; for a tree is known by its fruit. ³⁴ You brood of vipers, how can you who are evil say anything good? For out of the overflow of the heart, the mouth speaks. ³⁵ The good man brings good things out of his good store of treasure, and the evil man brings evil things out of his evil store of treasure. (BSB)



Fruit is the litmus test because it reveals what's invisible (the heart) through what's visible (words/actions/attitude).

"Good fruit" requires a transformed heart (Ezek. 36:26)—no amount of pruning dead branches helps if the roots are poisoned.



- (i) If 'the mouth speaks what the heart is full of', what does your recent speech (gossip, praise, complaints) reveal about your spiritual condition?
- (ii) Jesus links words and actions as 'fruit.' Why are both necessary to evaluate true discipleship?
- (iii) What's one area where your 'fruit' (words/deeds) has recently exposed a heart problem you've ignored?
- (iv) If someone observed your 'fruit' (social media, private conversations, generosity) without knowing your beliefs, would they conclude you love Christ?

Group Discussion



(a) Share a time when someone's 'fruit' (words/actions) surprised you—either revealing hidden corruption or unexpected grace. (b) How can we avoid a hyper-critical spirit when applying this passage

to others, while still taking it seriously ourselves?

Pray Honestly



Holy Spirit, I invite You to expose the areas of my life where my 'fruit' doesn't match my faith. Give me courage to face what You reveal, and humility to repent—not just regret. I hold my heart

open to You today.

2] Father, I release my [anger/pride/fear] to You. Teach me to **cooperate** with Your Spirit—to pause when tempted, to choose love when it's hard, and to dig deep into Your Word to nourish new growth in me.

All Leaves, No Fruit



Matthew 21:18-19

¹⁸ In the morning, as Jesus was returning to the city, He was hungry. ¹⁹ Seeing a fig tree by the road, He went up to it but found nothing on it except leaves. "May you never bear fruit again!" He said. And immediately the tree withered. [BSB]

Leaves are essential to a tree's health. They produce food—without leaves, a tree starves; they regulate water & temperature. They "breathe" and protect bark from sunburn; signal health – wilted/discoloured leaves warn of disease or drought. Without

leaves, most trees would not survive long, as they would be unable to make food or properly regulate their internal environment.

So why did Jesus reject the fig tree's leaves? In fig trees, leaves typically appear with early fruit, even out of season. A leafy but fruitless tree was deceptive—it promised nourishment but delivered nothing.



- (1) What 'leaves' do I rely on to look spiritually healthy (church attendance, knowledge, titles) while neglecting actual fruit?
- (2) Are my spiritual habits (prayer, Bible study) producing fruit or just sustaining my own image?
- (3) Where has God given me 'leaves' (gifts, opportunities) that He expects to result in fruit?

Group Discussion



Leaves matter—but only if they're working toward fruit. Are ours?

Pray Honestly



Father, I don't want to be like the fig tree in today's text—all leaves and no fruit. Show me any area of my life where I look 'leafy'—busy with religious activity but bearing no real fruit for You. Give me courage to tear off the mask and seek genuine

transformation.

Practical Daily Habits to actively cultivate the "good fruit"

→ **Action Step:** Identify one "leafy" habit (e.g., church attendance without heart engagement) and replace it with 5 minutes of authentic prayer/confession daily.

GIVING as an act of worship BEFORE GOD 2 CORINTHIANS 9:6-15

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Rent Due: God Expects His Fruit



Matthew 21:33-43



The tenants acted as if the vineyard was theirs. Where do I subtly claim 'ownership' over gifts, time, or roles God entrusted to me? (2) How would my life change if I truly believed, 'I am just a tenant here'?

from me r	ner sent servants to 'collect his fruit (v. 34). What 'fruit' is God expecting ight now that I've neglected to give Him? How do I react when God sends (Scripture, friends, conviction) to confront my lack of fruit?
Group:	If our church is God's 'vineyard,' what fruit is He inspecting for—and are we delivering it? What's one change we can make together?

Pray Honestly



Father, to You our hearts are open. Help us to identify wherever and however we have treated Your gifts as **ours**—our time, our money, our rights?

Today, we return the 'vineyard' of our lives to You.

Show us one area to release fully to Your authority.

Practical Daily Habits to	actively cultivate the	"good fruit'
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→ Action Step: Write down one thing you've withheld from God (e.g., a				
relationship, finances, a dream) and pray over it daily this week.				

What's Growing in Your Garden?



Galatians 5:19-23, BSB

¹⁹ The acts of the flesh are obvious: sexual immorality, impurity, and debauchery; ²⁰ idolatry and sorcery; hatred, discord, jealousy, and rage; rivalries, divisions, factions, ²¹ and envy; drunkenness, orgies, and the like. I warn you, as I did before, that those who practice such things will not inherit the kingdom of God. ²² But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, ²³ gentleness, and self-control. Against such things there is no law.



Your heart is soil. Every thought, word, and action is a seed—and something is always growing. Are you cultivating a harvest of the Spirit, or are weeds of the flesh taking over? Jesus warns that "every plant not planted by my Father will be pulled up" (Matthew 15:13). Today, let's tend our gardens with holy intention.

(1). What 'fruit' has been most evident in my life this week—patience or irritability? Love or gossip? Self-control or indulgence? (2) What hidden 'seeds' (habits, influences, or unchecked emotions) are feeding my flesh or Spirit? (3) If someone else examined my 'garden,' what would they say is growing—and would it point them to Christ?





Group: Share your "weed and seed" with a friend for accountability.

Pray Honestly



Father, You've shown us clearly what the works of the flesh look like. We see them in the world, and in ourselves. Forgive us, Lord. Uproot every desire, habit, or attitude that sets itself against Your will. We don't want to cultivate what leads to death. We long for the fruit of the

Spirit to grow in us—fruit that is alive, lasting, and rooted in You. But we know this fruit doesn't grow by willpower. It grows by surrender. So today, we surrender again. We want to bear fruit that remains. We want to be known—not by our gifts or performance—but by the quiet, powerful evidence of Your Spirit at work within us.

Practical Daily Habits to actively cultivate the "good fruit"

A garden doesn't grow overnight—but it **always** grows what's planted. What will you sow today?

ightarrow **Action Step:** Pull one weed, plant one seed.

Weed: Identify **one** fleshly habit (e.g., complaining, bitterness, jealousy). Fast from it for 24 hours. **Seed**: Do **one** intentional act of Spirit-fruit (e.g., text encouragement, pause to pray when stressed).

Deep Roots, Strong Fruits



Ephesians 3:16-19, BSB

¹⁶ I ask that out of the riches of His glory He may strengthen you with power through His Spirit in your inner being, ¹⁷ so that Christ may dwell in your hearts through faith. Then you, being rooted and grounded in love, ¹⁸ will have power, together with all the saints, to comprehend the length and width and height and depth ¹⁹ of the love of Christ, and to know this love that surpasses knowledge, that you may be filled with all the fullness of God.



A tree with shallow roots topples in the storm—but one with deep roots becomes unshakable. In the same way, our spiritual strength doesn't come from surface-level faith, but from being rooted in God's limitless love. Today, let's dig into how Christ's love anchors us and fuels lasting fruit in our lives.

(1) What 'storms' have exposed shallow areas in my faith recently? Where do I need deeper roots in God's love?

(2) What kind of 'fruit' (words, actions, attitudes) have I been producing? Does it reflect my roots in Christ or my own striving?

(3) How would my life change if I fully grasped how 'wide, long, high, and deep' Christ's love is for me?



Group: Share your "root and fruit" action with a friend for encouragement!

Pray Honestly



Father, our hearts long to be grounded in something deeper than our circumstances—long to be rooted in Your love. Your love is wide and long, high and deep. Help us believe that truth, not just with our minds but with our whole being. We confess that there are stones in the soil of

our hearts—doubts that creep in, wounds that haven't healed, fears that make it hard to trust. Sometimes we try to grow on our own strength, and we wither. Sometimes we hear Your love but struggle to receive it. Lord, tend to the hard places in us. We want to grow—not just upward in activity, but downward in trust, surrender, and faith. Let our roots go deep into Your grace so that we can stand strong in every season. We rest in the care of the Gardener who never abandons His work. We belong to You, and You will complete what You've begun in us.

Practical Daily Habits to actively cultivate the "good fruit"

You can't force fruit—but you can tend your roots. What will you nourish today?

→ **Action Step:** Water your roots - Spend 5 minutes meditating on **one phrase** from Ephesians 3:16-19. Let it sink in.

Saturday

14 June 2025



Change—or growth—comes from acting on God's word.

Jesus says, "When anyone hears the message of the kingdom but does not understand it, the evil one comes and snatches away what was sown in his heart."

James puts it more starkly, "Be doers of the word, and not hearers only. Otherwise, you are deceiving yourselves."

What am I thankful for in this week's devotional?
What have I done this week in response to what I heard or read?
How do I understand what I have read and heard in the last five days?
Monday:
Tuesday:
Wednesday:
Thursday:
Friday:
What is God is telling me?
How does it make me feel?
Why?
Who can I discuss this with? see footnote

Declare boldly

I don't want to deceive myself. I hear the Word; I read the Word & I do the Word.



Pray boldly: Father, I am Your child, I carry Your DNA. I am who You say I am, can do what You say I can do, have what You say I have. Your grace is sufficient for me ...

they tell us?

Life in the Kingdom of God was not designed to be lived in isolation.

Did you, Check the 'one another's' in the New Testament. How many can you find? And what do

GIVING as an act of worship BEFORE GOD

2 CORINTHIANS 9:6-15

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Sunday

15 June 2025



The blessing is in the doing. It's great to read and hear but the blessing is in the doing, acting on what is read and heard. Plan to do.

James 1:25

²⁵ However, the person who continues to study God's perfect laws that make people free and who remains committed to them will be blessed. People like that don't merely listen and forget; they actually do what God's laws say. (GW)

²⁵ But the one who looks into the perfect law, the law of liberty, and perseveres, being no hearer who forgets but a doer who acts, he will be blessed in his doing. (ESV)

What is God is telling me from this week's devotional?		
What am I going to do about it -		
Immediately?		
In the next few days?		
How can I be accountable?		

Declare boldly

I don't want to deceive myself. I hear the Word; I read the Word & I do the Word.



Pray boldly: Father, I am Your child, I carry Your DNA. I am who You say I am, can do what You say I can do, have what You say I have. Your grace is sufficient for me.